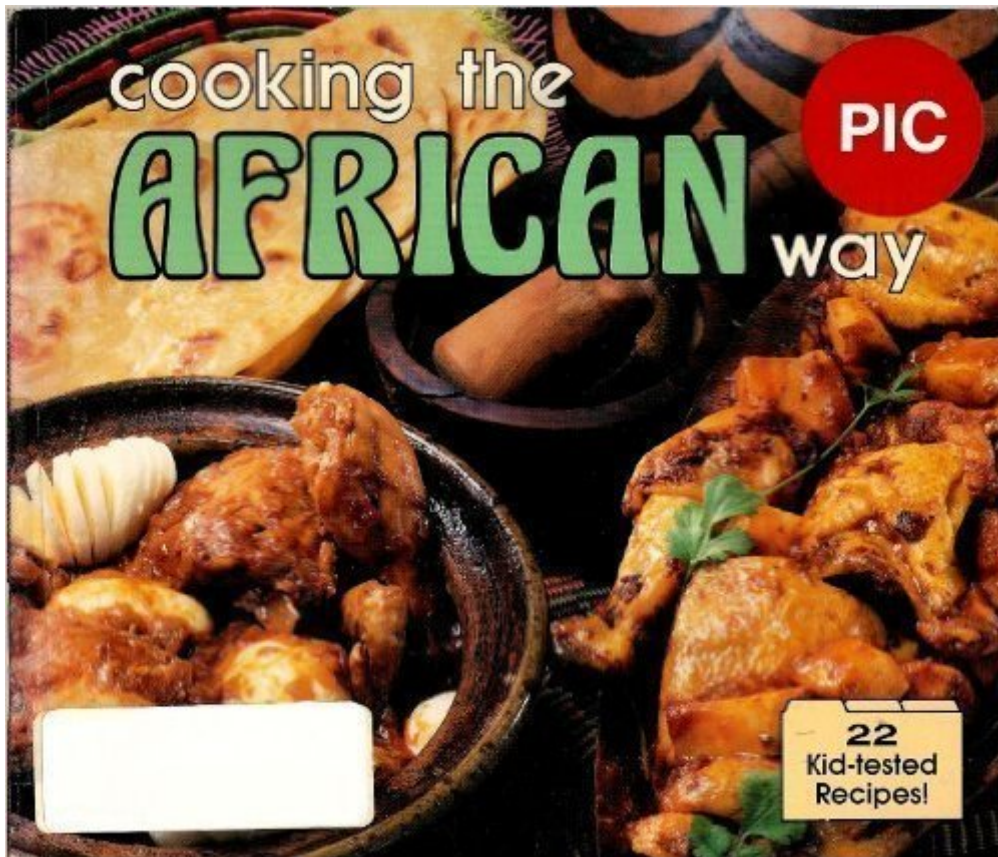


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# Cooking The African Way (Easy Menu Ethnic Cookbooks)



## Synopsis

In *Cooking the African Way*, author Nabwire and Montgomery invite readers to discover the cooking and culture of East and West Africa. Follow the clear, step-by-step instructions to make such exotic dishes as egusi soup, fufu, peanut sauce, jollof rice, and baked plantain on the shell.

## Book Information

Series: Easy Menu Ethnic Cookbooks

Paperback: 52 pages

Publisher: Lerner Pub Group (L) (December 1988)

Language: English

ISBN-10: 0822595648

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Product Dimensions: 0.2 x 7 x 8.2 inches

Shipping Weight: 14.9 ounces

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #1,336,748 in Books (See Top 100 in Books) #78 in [Books > Teens > Hobbies & Games > Cooking](#)

## Customer Reviews

I saw this cookbook at a Missions camp this summer, displayed at the booth of a missionary we knew. The recipes are very like the ones we found in Kenya - they have made some adjustments for American ingredients! - so felt assured reading it and so happy to find a copy!

Not only are the recipes great tasting but also fun for parents and children to enjoy cooking together.

This book helped me immensely while I was in need of African recipes. The authors did an impeccable job and I congratulate them.

I really enjoyed reading through all these interesting recipes and hope to try them out shortly. Reading through the reviews also helped me decide to buy this book.

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